



HEALTH INFORMATION FORM 2019-2020

Part 1

Please complete this Health Information Form and return it to our School Nurses, **Mr. Mark Tibayan and Mrs. Vandana Mohan**. The information provided will remain confidential by all staff. Please help us to keep your child safe by providing any details that we need to be aware of. Failure to do so may jeopardise the safety of your child.

| | | | | | | | | | | | |
|--|--|---------------|-------------------------|--|------------------------|-------------------------|--|--|--|--|-----------------------|
| Student's Name: Last: | | | First: | | | Middle: | | | Gender: | | Date of Birth: |
| | | | | | | | | | <input type="checkbox"/> Male <input type="checkbox"/> Female | | |
| School Year: | | Grade: | | | Teacher's Name: | | | | | | |
| Home telephone: | | | Father's Mobile: | | | Mother's Mobile: | | | | | |
| My child has a medical condition that may affect his or her school day: <input type="checkbox"/> No <input type="checkbox"/> Yes | | | | | | | | | | | |
| Parent's or Guardian's Name: | | | | | | | | | | | |
| Parent's or Guardian's Signature: | | | | | | Date: | | | | | |

Part 2

Tick All Boxes That Apply To Your Child. Parent or Guardian is responsible for providing the school with any medication, special food, or equipment that the student will require during the school day. If your child has an Individual Health Care Plan, the Parent or Guardian is responsible for providing the School Nurse and the Registrations Department with the necessary medical information and authorisation forms.

1. ALLERGIES (Please complete EpiPen Authorisation Form if applicable)

Allergy Type:

| | | |
|---|---|-------------------------------------|
| <input type="checkbox"/> Food Please specify | <input type="checkbox"/> Medication Please specify | <input type="checkbox"/> Bee Stings |
| <input type="checkbox"/> Other: | | |

Reactions:

| | | |
|---|---|-----------------------------------|
| <input type="checkbox"/> Coughing | <input type="checkbox"/> Hives | <input type="checkbox"/> Rash |
| <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Local Swelling | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Generalised Swelling | <input type="checkbox"/> Nausea | <input type="checkbox"/> Other |

Currently prescribed treatments to be used *IN SCHOOL*

| | |
|---|---------------------------------|
| <input type="checkbox"/> Oral Antihistamine (Benadryl, etc) | <input type="checkbox"/> EpiPen |
| <input type="checkbox"/> Other: | |



2. ASTHMA OR REACTIVE AIRWAY DISEASE (Please complete Inhaler Authorisation Form if applicable)

Triggers:

| | |
|---|---|
| <input type="checkbox"/> Exercise Please specify: | <input type="checkbox"/> Environmental Please specify |
| <input type="checkbox"/> Other: | |

Symptoms or Reactions:

| | | |
|--|---|--|
| <input type="checkbox"/> Chest tightness, discomfort or pain | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Itchy throat, tightness or soreness |
| <input type="checkbox"/> Coughing | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Wheezing |
| <input type="checkbox"/> Other: | | |

Currently prescribed treatments to be used **IN SCHOOL**

| | | |
|--|--|---|
| <input type="checkbox"/> Inhalers | <input type="checkbox"/> Oral Antihistamines | <input type="checkbox"/> Oral Steroids |
| <input type="checkbox"/> Nebulizer | <input type="checkbox"/> Oral bronchodilator | <input type="checkbox"/> Peak Flow Monitoring |
| <input type="checkbox"/> Other: | | |
| <input type="checkbox"/> Date of last hospitalisation related to asthma: | | |

3. DIABETES (Please complete Procedure Authorisation Form if applicable)

Currently prescribed treatments to be used **IN SCHOOL**

| | | |
|---|--|-----------------------------------|
| <input type="checkbox"/> Insulin | <input type="checkbox"/> Syringe | <input type="checkbox"/> Pen |
| <input type="checkbox"/> Pump | <input type="checkbox"/> Blood Sugar Testing | <input type="checkbox"/> Glucagon |
| <input type="checkbox"/> Oral Medications Please List Oral Medications: | | |
| <input type="checkbox"/> Is special scheduling of lunch or Physical Education required? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

4. SEIZURE DISORDER

Type of seizure:

| | | |
|---|---|--|
| <input type="checkbox"/> Absence (staring, unresponsive) | <input type="checkbox"/> Complex Partial | <input type="checkbox"/> Generalised Tonic-Clonic grand mal, convulsive) |
| <input type="checkbox"/> Other Please explain: | | |
| <input type="checkbox"/> Is special scheduling of lunch or Physical Education required? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Medications needed IN SCHOOL ? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Please List Medications: | | |
| <input type="checkbox"/> Date of last seizure: | <input type="checkbox"/> Length of seizure: | |



Other Health Conditions: (please see PART 3)

| | | |
|---|---|---|
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Heart Condition Please specify: | <input type="checkbox"/> Hemophilia |
| <input type="checkbox"/> Physical Disability Please specify: | <input type="checkbox"/> Respiratory | <input type="checkbox"/> Other Please provide details: |

| | | |
|---|------------------------------|-----------------------------|
| <input type="checkbox"/> Is special scheduling of lunch or Physical Education required? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Medications needed <u>IN SCHOOL?</u> | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| <input type="checkbox"/> Please List Medications: | | |
| <input type="checkbox"/> Special procedures required in school? (continuous or temporary as per physician) Please provide details: | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

Vision Conditions:

| | | |
|-----------------------------------|----------------------------------|---------------------------------|
| <input type="checkbox"/> Contacts | <input type="checkbox"/> Glasses | <input type="checkbox"/> Other: |
|-----------------------------------|----------------------------------|---------------------------------|

Hearing Conditions:

| | |
|---|---------------------------------|
| <input type="checkbox"/> Hearing Aid(s) | <input type="checkbox"/> Other: |
|---|---------------------------------|

Part 3

Additional Information: Please complete below table.

| Illnesses | No | Yes/Date | Conditions | No | Yes/Date/Details |
|----------------------------|----|----------|--|----|------------------|
| • Chicken Pox | | | • Major Illness/Hospitalisation (including surgery) | | |
| • Diphtheria | | | | | |
| • Dysentery | | | | | |
| • Infective Hepatitis | | | • Significant Injury/Accident | | |
| • Measles | | | • Recurrent Tonsillitis, Sore Throats, Ear Infections | | |
| • Meningitis | | | | | |
| • Mumps | | | • Frequent Gastric Problems, Stomach Aches | | |
| • Poliomyelitis | | | | | |
| • Rheumatic Fever | | | • Blood Disorders, G6PD Deficient | | |
| • Rubella (German Measles) | | | • Frequent Headaches, Concentration Difficulties | | |
| • Scarlet Fever | | | | | |
| • Tuberculosis | | | | | |
| • Whooping Cough | | | • Emotional/Behavioural Issues, Weight/Eating Concerns | | |
| • Other: | | | ◦ ADD, ADHD | | |
| | | | • Nocturnal Enuresis (bed wetting) | | |
| | | | • Other: | | |



Part 4

Parent or Guardian consents for School Nurse to give First Aid Assessment and Treatment in school.

Parent or Guardian Name: _____

Parent or Guardian Signature: _____ **Date:** _____

Student Health Information is strictly confidential and will not be shared unless an illness or medical condition requires attention when the student is at school. Please return completed form to the School Clinic as soon as possible.

MEDICAL CONSENT FORM

Name of Student: _____ **Class:** _____

Consent for Medication

If your child is unable to take certain medications, please contact the School Nurses, **Mr. Mark Tibayan / Mrs. Vandana Mohan**, to discuss the use of an alternative medication.

Yes No

The School has permission to give my child nonprescription medicines should it be considered necessary by the school nurse. The nurse will always try to call you first to discuss her decision to give medication.

Emergency Treatment

The school nurse will attempt to contact you should an emergency arise.

Yes No

In the event parents cannot be contacted, I authorise and empower GEMS Cambridge International School – Abu Dhabi Nurse or a School Administrator to make any and all decisions concerning the medical and/or surgical care of the child, which may include taking the child to a Doctor or Hospital for emergency treatment.

School Screening

As per the Health Authority of Abu Dhabi (HAAD), your child will receive annual screening tests which consist of:

- Medical History
- Body Mass Index – Height and Weight checking (BMI percentile)
- Vision screening (Eyesight test)

The tests are applicable to students of Year 1 and above.

Yes No

I consent for the School Nurse to screen my child as the HAAD recommendations.

Parent / Guardian Name & Signature

Date: _____

